

# Obstructive Sleep Apnoea

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## Condition

Condition associated with snoring, where the sufferer has periods of 'apnoea' (not breathing). It is associated with an increased risk of stroke and heart disease. See more information at: [https://en.wikipedia.org/wiki/Obstructive\\_sleep\\_apnea](https://en.wikipedia.org/wiki/Obstructive_sleep_apnea)

## Individual at risk

Donor

## Guidance at RECRUITMENT

Accept if no cardio-respiratory abnormalities

## Guidance at CT/WORK-UP

- Accept for PBSC donation, if no cardiorespiratory abnormalities
- Accept for BM donation, subject to anaesthetic assessment at work-up. Document any additional risk factors for cardiovascular disease. Anaesthetist for BM procedure must be made aware of condition and pre-anaesthetic assessment at work-up.

## Justification for guidance

Will need anaesthetic assessment at medical if for bone marrow harvest.

## References

Based on discussion in WMDA Donor Suitability Committee (December 2019)